

Be Inspired, Motivated and Confident To Turn Your Career Around!

A Half Day Workshop

12th May, 19th June or 3rd July 2009

Join this career workshop of self-empowerment to help you turn your career around. You will receive a warm welcome from the SBS staff and be greeted by Simone Ryder, an inspirational coach, author and trainer. Simone has over 25 years experience in people communication and 'walks the talk', having had the courage to turn her own life and career around.

Simone will be taking you on a journey of self discovery, sharing with you her passion for positive thinking and lead you in the techniques that can turn your career around to achieve personal success and increase your confidence so you feel really inspired about your future.

You will experience powerful coaching and become motivated to create positive changes to enhance your career success. You will also create a clear plan of action for your next steps in your career and the opportunity to discover any further need for practical support, coaching or extra skills training.

By the end of the workshop – you will be energised and feel inspired and motivated to put your career goals into action with confidence.

Benefits of the workshop

Identify what you need and want from both work and life
Clarify your strengths, skills, qualities and experience
Learn how to increase your confidence and motivation
Improve and update your CV and interviewing techniques
Create you individual plan of action and next steps strategy

Price £45.00 inclusive of VAT, refreshments, course materials, plus a personal follow up coaching call

How to Book

Call Simone on **07749 298253** or **01608 63933**

Email **simone@simoneryder.com**

Or Contact

Stratford Business Services SBS Training Centre, Cygnet Court, Timothy Bridge Road, CV37 9NW Telephone 01789 297335

